

Family wellbeing in Wellington

FEBRUARY 2017

The focus

This *At A Glance* looks at Wellington families and how they're faring. The information used in this publication has been drawn from our *Families and Whānau Status Report 2016*, which aims to measure, monitor and understand family wellbeing in New Zealand. We are sharing this information to help policymakers and community leaders make more informed decisions about the work they do with families and whānau in Wellington.

We see families as the key **building blocks** of our society. They give each of us a sense of identity and belonging. The core functions of a family are to:



CARE, NURTURE
AND SUPPORT



MANAGE
RESOURCES



PROVIDE
SOCIALISATION
AND GUIDANCE



PROVIDE IDENTITY
AND A SENSE OF
BELONGING.



About *At a Glance*

Superu's *At a Glance* series uses infographics to illustrate research findings or key information about a priority topic.



Did you know...

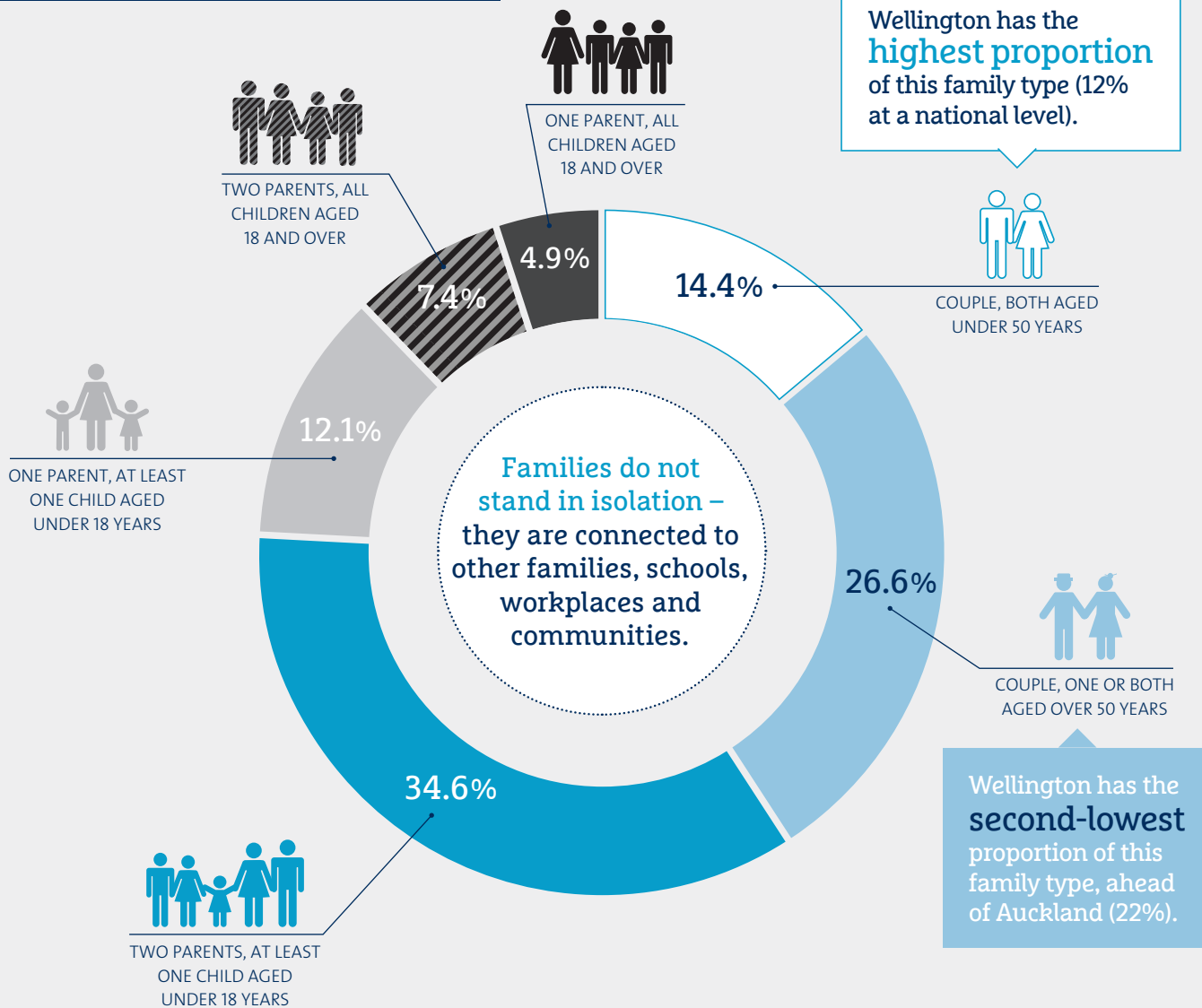
that there are **well over a million** families in New Zealand?

And in Wellington, there were **124,944** families at last count.

Wellington families: A snapshot

Wellington families present a fairly good picture of wellbeing. They were more likely to live in well-off areas than average New Zealand families. For some family types, Wellington families were also more likely to have adequate income and a higher standard of living than their regional counterparts. Wellington family members scored the best in the country for skills, education and employment.

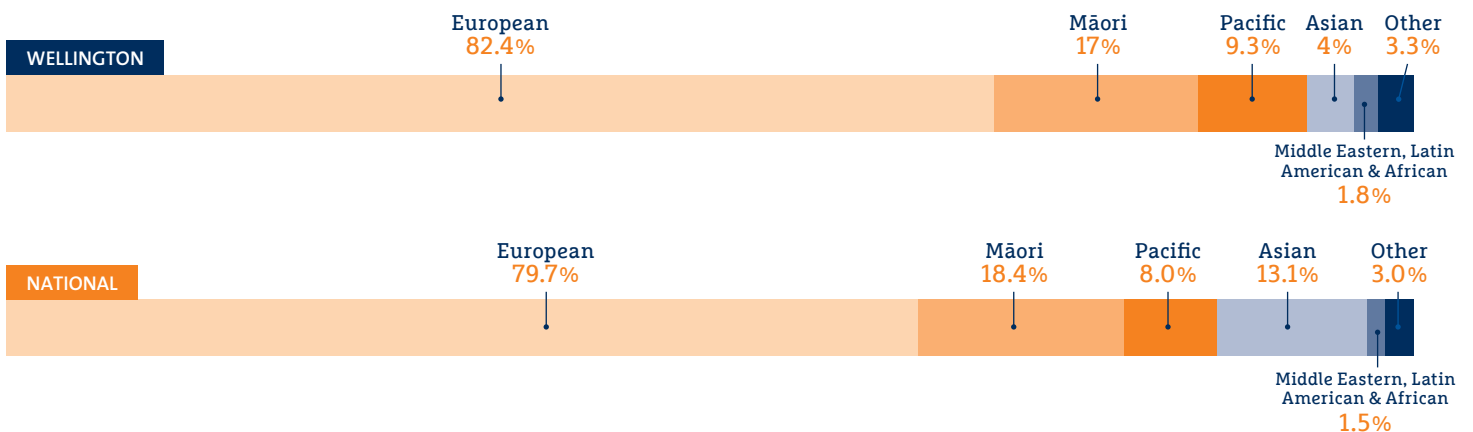
Family types in Wellington



Source: Census of Population and Dwellings 2013.

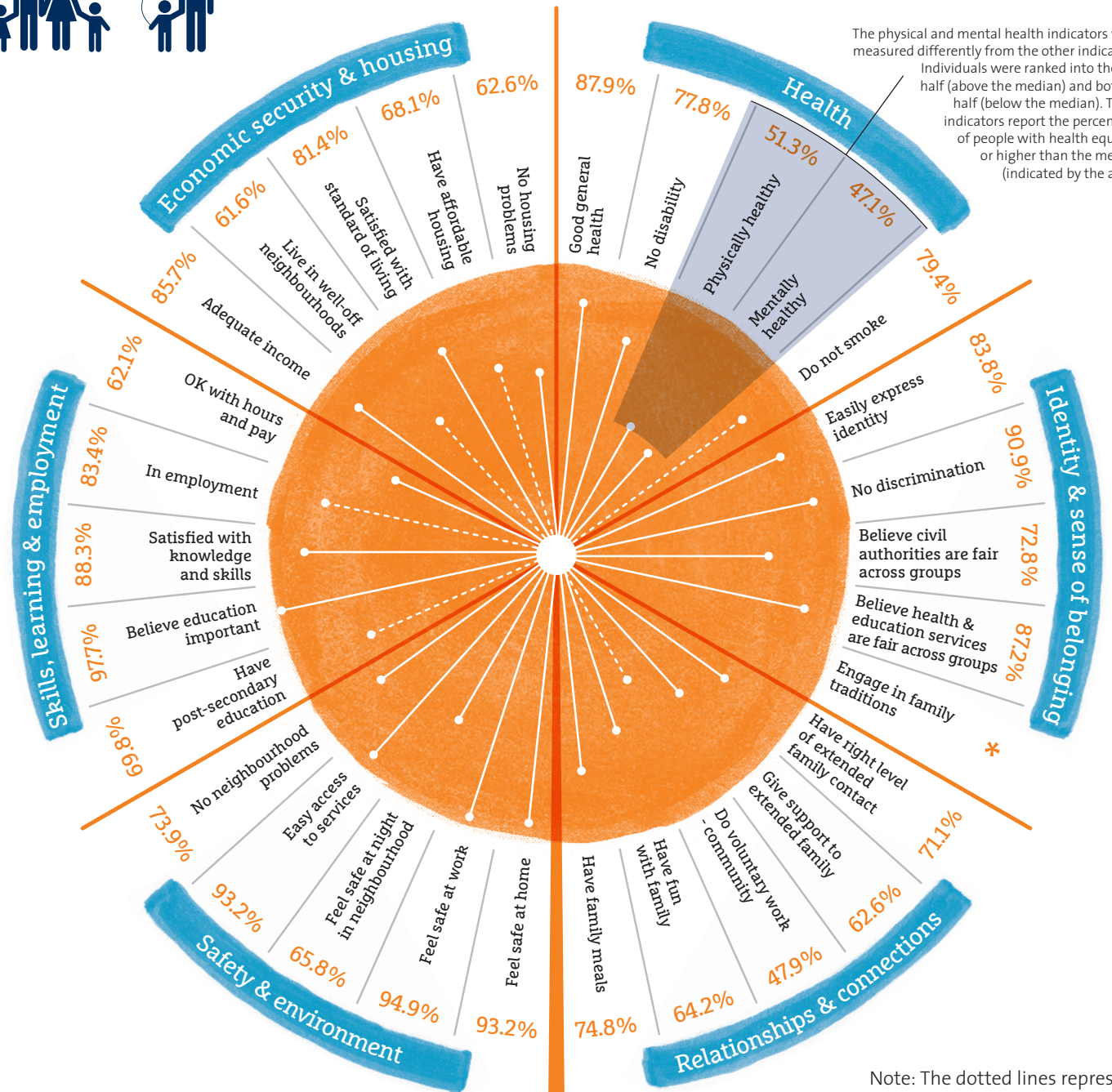
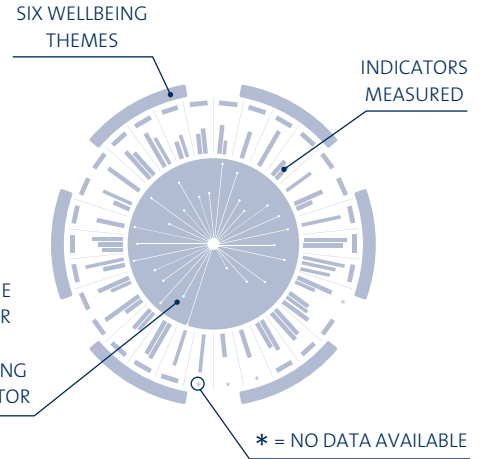
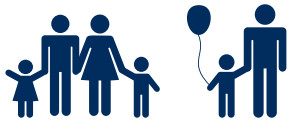
Family ethnicity

Ethnicity is based on **at least one family member identifying with that group**. This means that a family can be represented in more than one ethnic grouping.



How are Wellington families faring?

We assess wellbeing against **six broad themes** that influence and contribute to a family's ability to function. We also take into account different 'indicators' under each theme. This diagram provides a snapshot of Wellington families according to these specific indicators.



The physical and mental health indicators were measured differently from the other indicators. Individuals were ranked into the top half (above the median) and bottom half (below the median). These indicators report the percentage of people with health equal to or higher than the median (indicated by the arch).

Note: The dotted lines represent individuals and the solid lines represent families. These differ because data was drawn from different sources












Source: General Social Survey data from 2008, 2010 and 2012.

Summary table

How do Wellington families **compare to national averages*** on indicators such as housing, health, safety and skills?

Key

Below national average	
Above national average	
Combination (above and below national average)	
Same as national average	

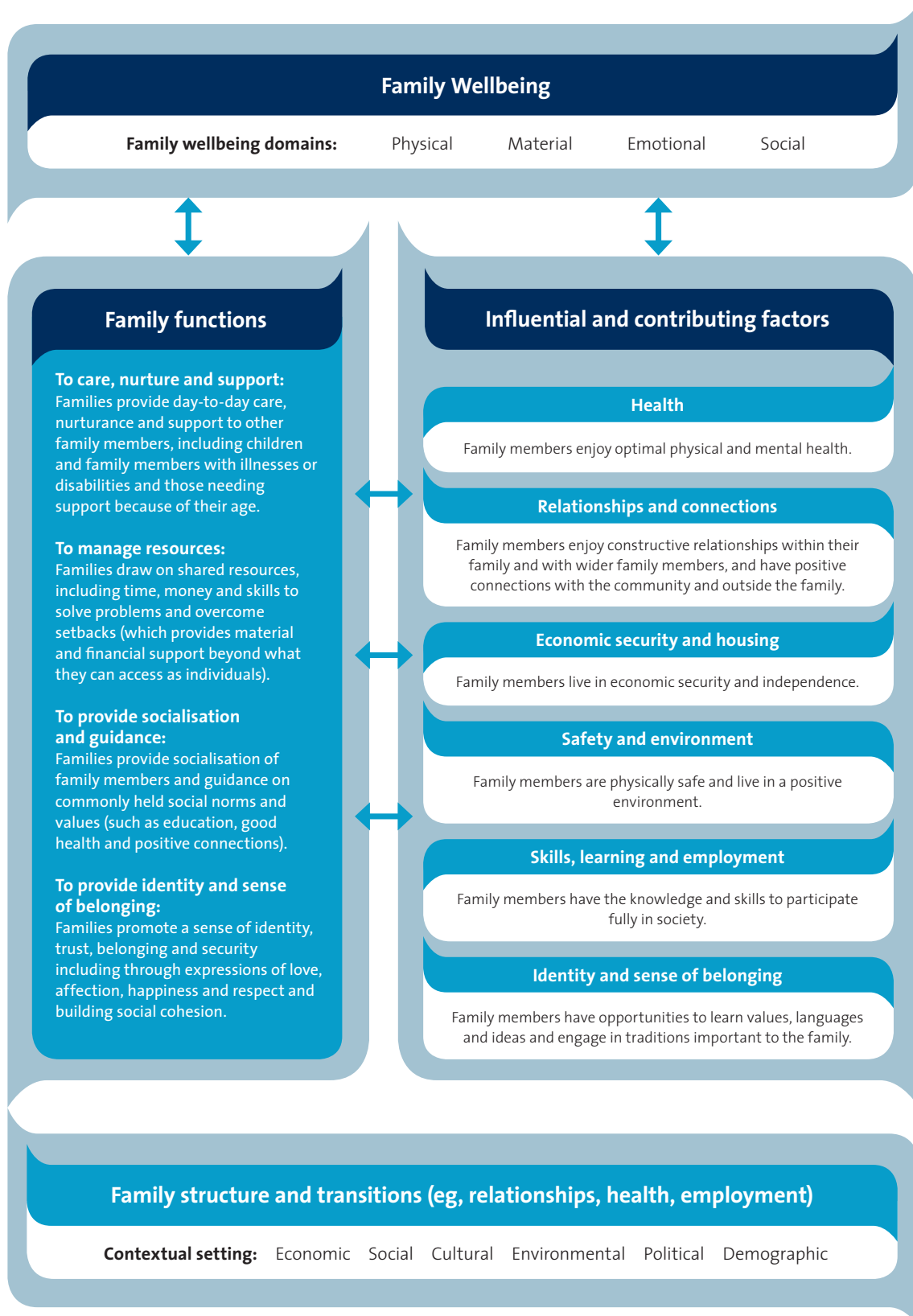
	 Economic security and housing	 Health	 Identity and sense of belonging	 Relations and connections	 Safety	 Skills
 COUPLE, BOTH AGED UNDER 50 YEARS	More likely to live in well-off areas AND have a higher standard of living					More likely to have post-secondary qualifications AND be satisfied with knowledge and skills
 COUPLE, ONE OR BOTH AGED OVER 50 YEARS	More likely to live in well-off areas AND have adequate income		More likely to believe that civil authorities AND health and education services are fair across groups	More likely to offer support to extended family		More likely to have post-secondary qualifications AND believe that education is important
 TWO PARENTS, AT LEAST ONE CHILD AGED UNDER 18 YEARS	More likely to live in well-off areas AND have adequate income					More likely to have post-secondary qualifications
 ONE PARENT, AT LEAST ONE CHILD AGED UNDER 18 YEARS			More likely to believe that civil authorities are fair across groups			
 TWO PARENTS, ALL CHILDREN AGED 18 AND OVER	More likely to live in well-off areas	Less likely to have high mental health scores				

* Each regional family type is compared with the national averages for the same family type. For example, younger couples (both partners under 50 years of age) in Wellington are more likely to live in well-off neighbourhoods than other younger couples across New Zealand.

For more detailed figures and information about how Wellington and other regional families fared against the national average, please see www.superu.govt.nz/families_whanau_supplementary_data_2016

Family wellbeing framework

The Family Wellbeing Framework identifies **four core family functions** and shows how they contribute to wellbeing. The Framework shows just how complex families are, and that there are many factors that influence their ability to fulfil their core functions.



Our purpose

To increase the use of evidence by people across the social sector so that they can make better decisions – about funding, policies or services – to improve the lives of New Zealanders, New Zealand’s communities, families and whānau.

What we do

We work across the wider social sector to:

- **promote** informed debate on key social issues for New Zealand, its families and whānau, and increase awareness about what works
- **grow** the quality, relevance and quantity of the evidence base in priority areas
- **facilitate** the use of evidence by sharing it and supporting its use in decision-making.

About the Families and Whānau Status Reports

Each year since 2013, we have produced an annual families status report that measures and monitors the wellbeing of New Zealand families and whānau. This requirement was introduced by the Families Commission Amendment Act 2014, and we are proud to undertake this work.

The general aim of the Families and Whānau Wellbeing Research Programme is to increase the evidence about family and whānau wellbeing. Our research aims to better understand how families and whānau are faring, and the key role they play in society. This is so that decision-makers in the social sector make informed decisions about social policies and programmes and better understand what works, when and for whom.



Related publications:



Families and Whānau Status Report 2016 (June 2016)



Families and Whānau Status Report 2016. Technical companion report (June 2016)



Families and Whānau Status Report 2016. Executive Summary (June 2016)

About this At A Glance

This is one of several factsheets examining family wellbeing in New Zealand’s regions. All the regional reports and the full report can be found on our website: superu.govt.nz. If you’d like more information about anything mentioned here, contact us on 04 917 7040 or email enquiries@superu.govt.nz