

Family wellbeing in Southland

FEBRUARY 2017

The focus

This *At A Glance* looks at families in Southland and how they're faring. The information used in this publication has been drawn from our *Families and Whānau Status Report 2016*, which aims to measure, monitor and understand family wellbeing in New Zealand. We are sharing this information to help policymakers and community leaders make more informed decisions about the work they do with families and whānau in Southland.

We see families as the key **building blocks** of our society. They give each of us a sense of identity and belonging. The core functions of a family are to:



CARE, NURTURE AND SUPPORT



MANAGE RESOURCES



PROVIDE SOCIALISATION AND GUIDANCE



PROVIDE IDENTITY AND A SENSE OF BELONGING.



About *At a Glance*

Superu's *At a Glance* series uses infographics to illustrate research findings or key information about a priority topic.



Did you know...

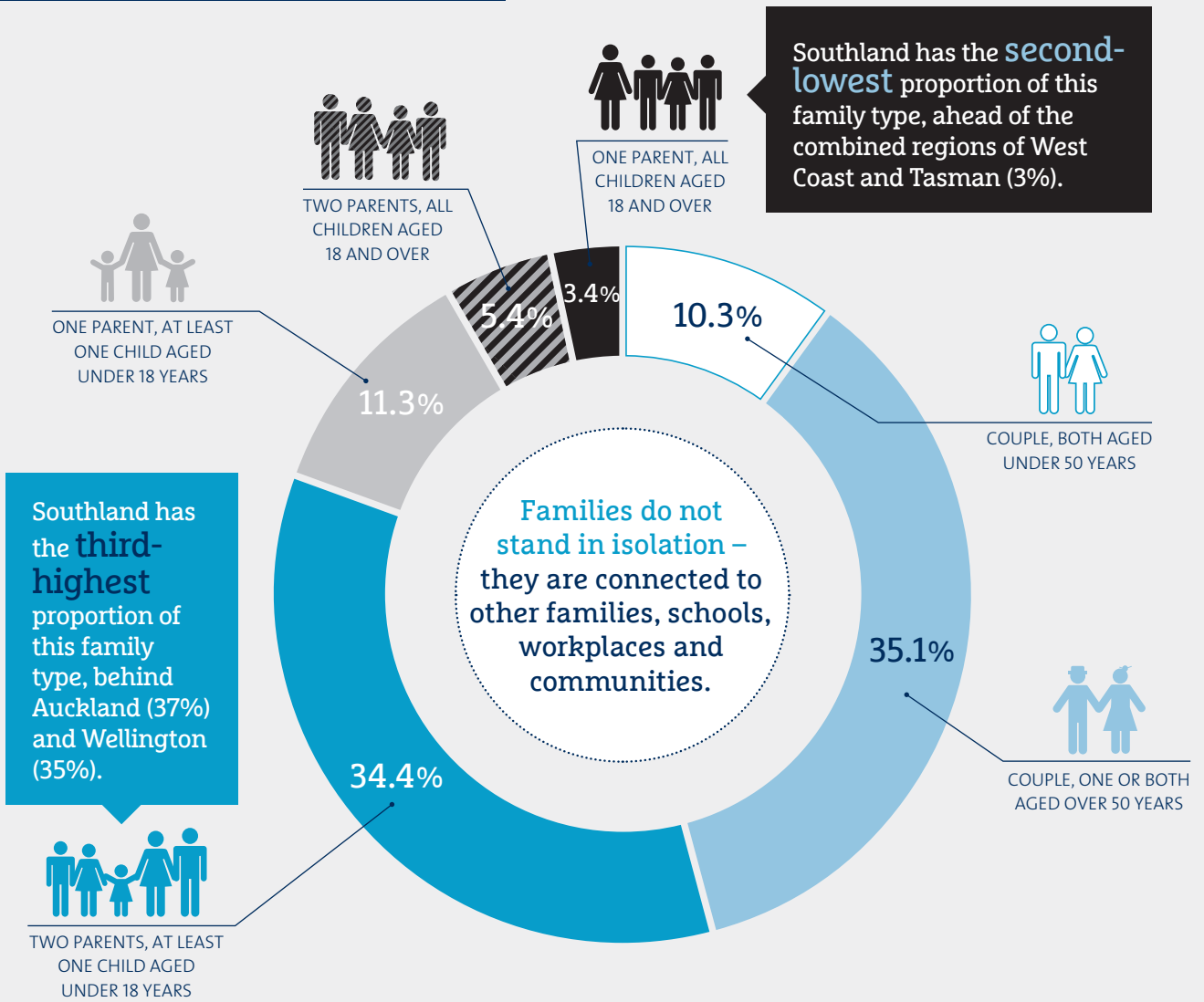
that there are **well over a million** families in New Zealand?

And in Southland, there were **25,605** families at last count.

Southland families: A snapshot

Southland families have a lot to celebrate. They are more likely to have affordable housing than any other region, they are the second-most likely to do voluntary work, and family members are more likely to be satisfied with their working hours and pay. Couples with children under 18, in particular, scored above average on several economic and housing indicators compared to similar families nationwide. In general, however, Southland families were the least likely to have at least one family member with post-secondary education than any other region.

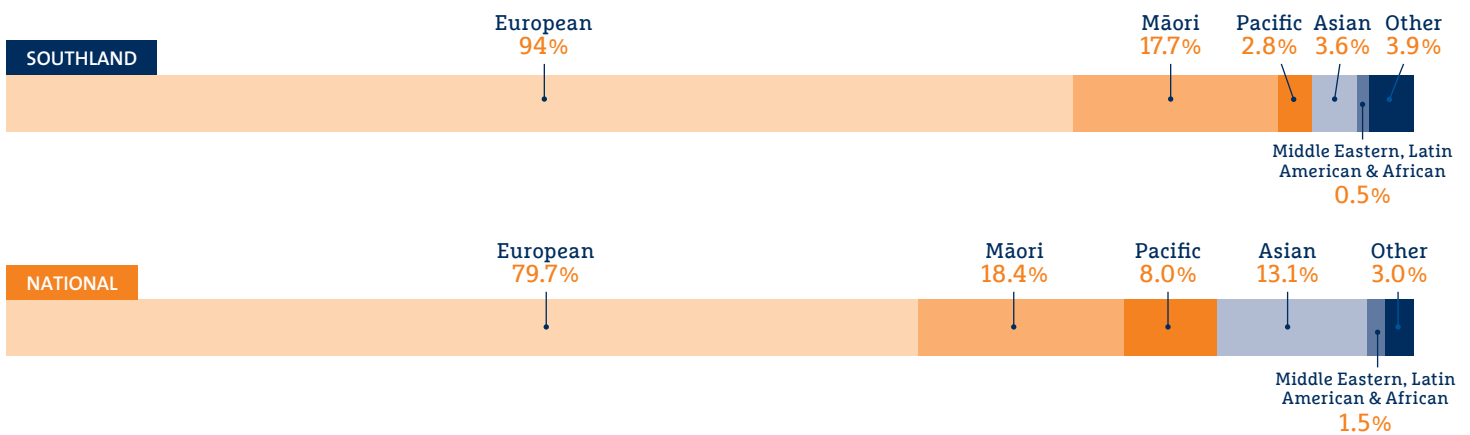
Family types in Southland



Source: Census of Population and Dwellings 2013.

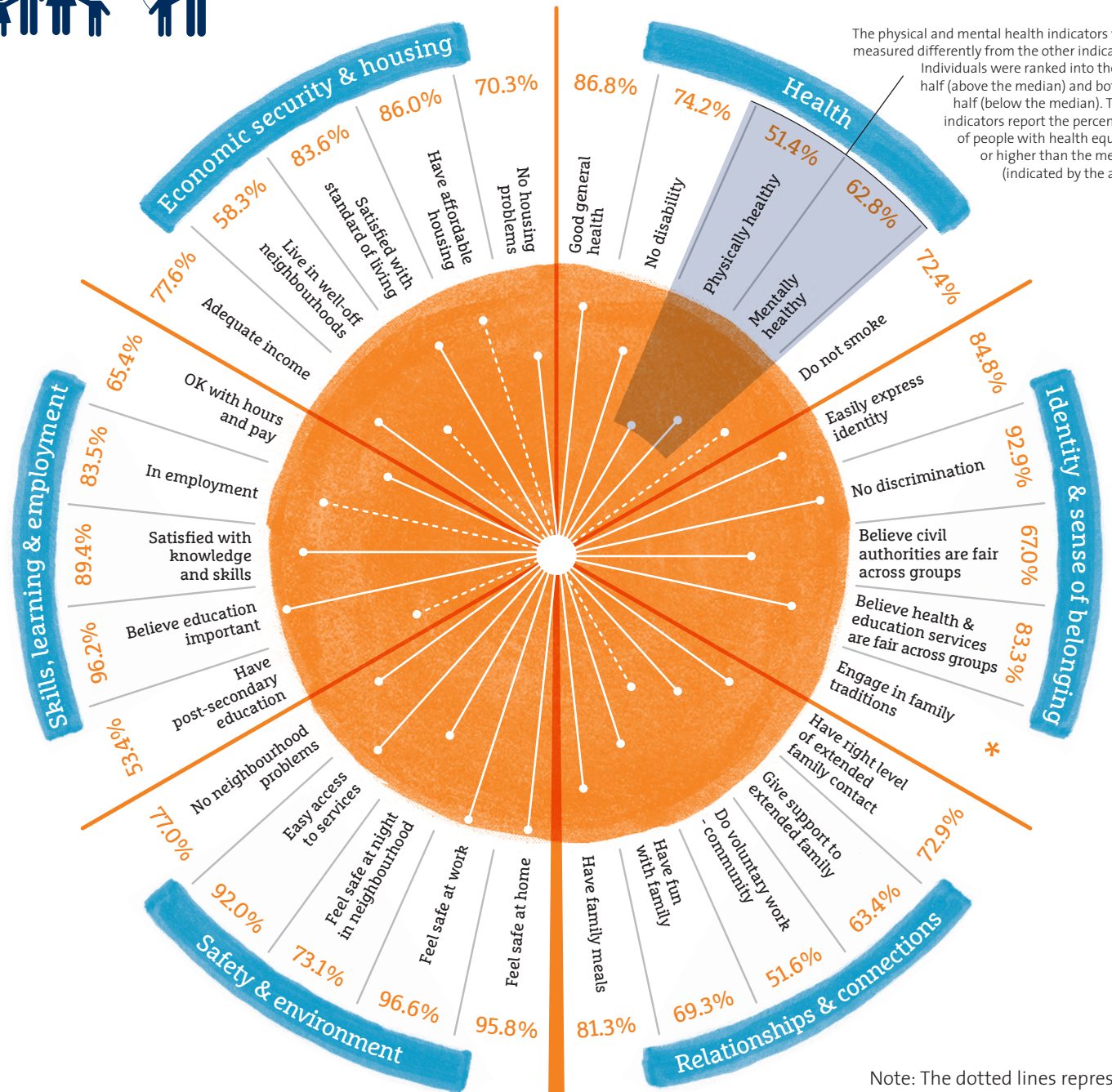
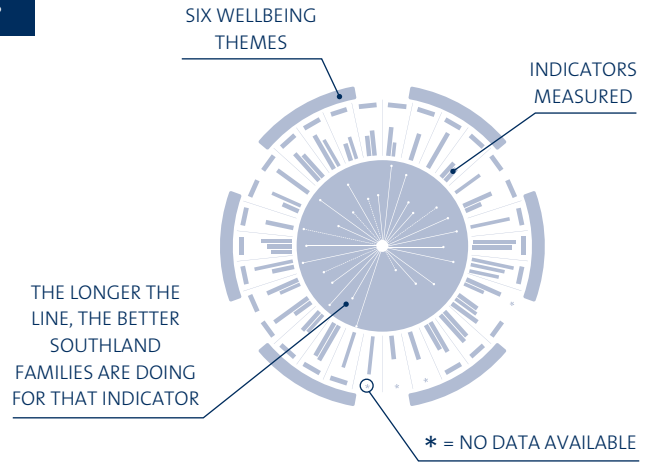
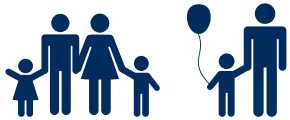
Family ethnicity

Ethnicity is based on **at least one family member identifying with that group**. This means that a family can be represented in more than one ethnic grouping.



How are Southland families faring?

We assess wellbeing against **six broad themes** that influence and contribute to a family's ability to function. We also take into account different 'indicators' under each theme. This diagram provides a snapshot of of Southland families according to these specific indicators.



Source: General Social Survey data from 2008, 2010 and 2012.












Note: The dotted lines represent individuals and the solid lines represent families. These differ because data was drawn from different sources

Summary table

How do Southland families **compare to national averages*** on indicators such as housing, health, safety and skills?

Key

Below national average	
Above national average	
Combination (above and below national average)	
Same as national average	

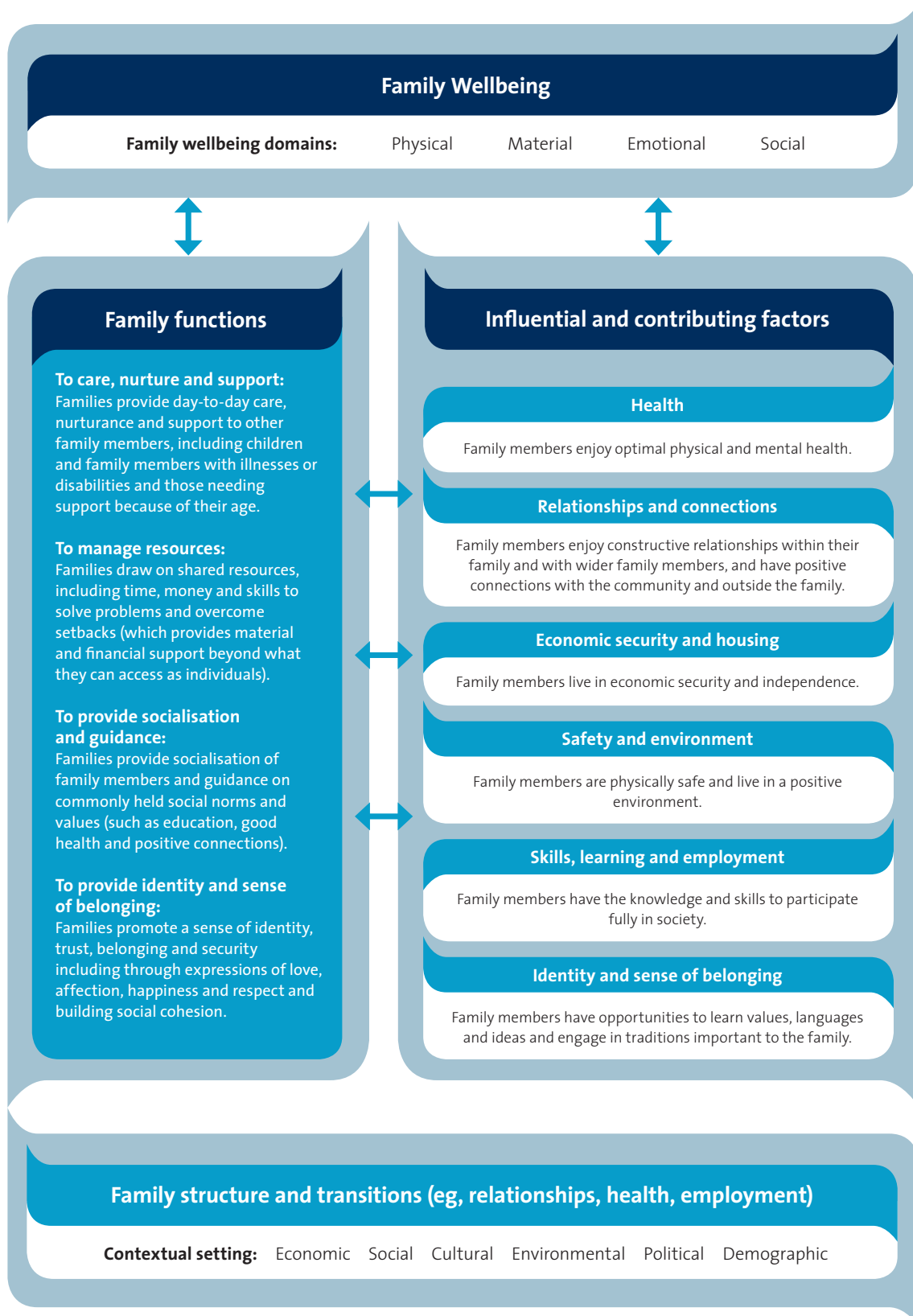
	 Economic security and housing	 Health	 Identity and sense of belonging	 Relations and connections	 Safety	 Skills
 COUPLE, BOTH AGED UNDER 50 YEARS	Less likely to have housing problems	More likely to have high mental health scores BUT more likely to have a smoker in the family			Less likely to have problems with neighbours	Less likely to have post-secondary education
 COUPLE, ONE OR BOTH AGED OVER 50 YEARS	More likely to have affordable housing	More likely to have high mental health scores				Less likely to have post-secondary education BUT more likely to be employed
 TWO PARENTS, AT LEAST ONE CHILD AGED UNDER 18 YEARS	More likely to have affordable housing AND live in well-off areas AND not have housing problems	More likely to have high mental health scores BUT more likely to have a smoker in the family	Less likely to feel discriminated	More likely to do voluntary work	More likely to feel safe at night in their neighbourhoods	Less likely to have post-secondary education
 ONE PARENT, AT LEAST ONE CHILD AGED UNDER 18 YEARS		More likely to have a smoker in the family				Less likely to have post-secondary education
 TWO PARENTS, ALL CHILDREN AGED 18 AND OVER		More likely to have a smoker in the family				Less likely to have post-secondary education

* Each regional family type is compared with the national averages for the same family type. For example, younger couples (both partners under 50 years of age) in Southland are less likely to have housing problems than other younger couples across New Zealand.

For more detailed figures and information about how Southland and other regional families fared against the national average, please see www.superu.govt.nz/families_whanau_supplementary_data_2016

Family wellbeing framework

The Family Wellbeing Framework identifies **four core family functions** and shows how they contribute to wellbeing. The Framework shows just how complex families are, and that there are many factors that influence their ability to fulfil their core functions.



Our purpose

To increase the use of evidence by people across the social sector so that they can make better decisions – about funding, policies or services – to improve the lives of New Zealanders, New Zealand’s communities, families and whānau.

What we do

We work across the wider social sector to:

- **promote** informed debate on key social issues for New Zealand, its families and whānau, and increase awareness about what works
- **grow** the quality, relevance and quantity of the evidence base in priority areas
- **facilitate** the use of evidence by sharing it and supporting its use in decision-making.

About the Families and Whānau Status Reports

Each year since 2013, we have produced an annual families status report that measures and monitors the wellbeing of New Zealand families and whānau. This requirement was introduced by the Families Commission Amendment Act 2014, and we are proud to undertake this work.

The general aim of the Families and Whānau Wellbeing Research Programme is to increase the evidence about family and whānau wellbeing. Our research aims to better understand how families and whānau are faring, and the key role they play in society. This is so that decision-makers in the social sector make informed decisions about social policies and programmes and better understand what works, when and for whom.



Related publications:



Families and Whānau Status Report 2016 (June 2016)



Families and Whānau Status Report 2016. Technical companion report (June 2016)



Families and Whānau Status Report 2016. Executive Summary (June 2016)

About this At A Glance

This is one of several factsheets examining family wellbeing in New Zealand’s regions. All the regional reports and the full report can be found on our website: superu.govt.nz. If you’d like more information about anything mentioned here, contact us on 04 917 7040 or email enquiries@superu.govt.nz